

Hand Therapy Post Op Instructions

You have recently undergone hand surgery involving

Tendon Repair / Fracture Repair / Fusion / Other

Post-operatively, your surgeon would like you to attend a hand therapy clinic to regain function and strength in a supported environment.

This may include fitting of a splint and range of motion exercises.

There are two hand therapy establishments in Ballarat, both of which are supported by your surgeon Mr Scott Mason.

Restore Hand Therapy
Jennifer Kaess
Ph: 5303 0333

**Ballarat Hand Therapy at
Newington Physiotherapy**
Laura Shorney / Joe Milgate
Ph: 53313066

Please make an appointment with your preferred Hand Therapist to follow your scheduled post-operative appointment in our rooms.

Please note: If you have a tenolysis, please see Hand Therapist on Day 3 post-operative and tendon repairs on Day 5 post-operative.